



保良局  
PO LEUNG KUK

146<sup>th</sup>  
ANNIVERSARY

保良局

慈善步行

低碳·愛·社區  
UNITED IN GREEN

PO LEUNG KUK CHARITY WALK  
2025.3.16

起點/起步禮 Starting Point/Kick-off Ceremony

沙田馬場 Sha Tin Racecourse

終點 Finish

沙田公園 Sha Tin Park

進場 Admission

12:00NN

表演 Performance

12:45PM

起步禮 Kick-off Ceremony

1:30PM

低碳生活嘉年華 Low-Carbon Carnival

12NN-7PM

# 愛心小保提提您

## REMINDER FROM 'LITTLE PO'

請**務必佩戴**我們提供的**步行勳章**，這是您進入沙田馬場起步禮的特別通行證啊！為了確保活動順利進行，佩戴好步行勳章是非常重要的！

Please **make sure to wear** the **Walking Badge** provided by the organizer. It's your special ticket to enter the starting ceremony at Sha Tin Racecourse. We want to ensure everything runs smoothly, so having your badge is super important!



**步行勳章**  
**WALKING BADGE**



**請務必遵守交通規則，**

並聽從現場工作人員的指引與提醒啊！

這樣才能確保大家的安全，一起享受活動的樂趣！

**Please be sure to abide by the traffic rules** and follow the guidance and reminders from our on-site event helpers!

This will help ensure everyone's safety and allow us all to enjoy the event to the fullest!

# 步行路線 WALK ROUTE

★ 起點：沙田馬場

Starting Point: Sha Tin Racecourse

★ 終點：沙田公園·低碳生活嘉年華

Finishing Point: Sha Tin Park·Low-Carbon Carnival

一起完成整條步行路線，沿途欣賞沙田城門河的優美風光，更可累積6,000步環保腳印，一步一腳印實踐低碳生活。

Walk the entire walking route together, enjoying the beautiful scenery along the Shing Mun River, Shatin. You can also accumulate 6,000 steps towards an eco-friendly footprint, practicing a low-carbon lifestyle step by step.







# 「低碳生活嘉年華」@ 沙田公園

## LOW-CARBON CARNIVAL

### @ SHA TIN PARK

「低碳生活嘉年華」活動豐富多彩，包括特式面部彩繪、BUSKING表演、環保手工慈善義賣、減廢夾公仔等遊戲攤位和各項精彩環節，為步行活動增添歡樂和意義。讓我們一起實踐低碳生活，共度一個充滿活力的綠色週末！

LOW-CARBON CARNIVAL features a vibrant array of activities, including face-painting, busking performances, eco-friendly handmade crafts for charity sale, and fun game booths like waste-reduction-themed claw machines. Topping your Walk with joy and special meaning, let's embrace a low-carbon lifestyle and enjoy a lively green weekend together!



參加者行畢全程  
可於終點站下載電子步行證書  
Participant can obtain e-certificate upon  
completion at the Finishing Point



主辦機構  
Organised by



保良局  
PO LEUNG KUK

### 節目籌委會主席 Chairmen of the Organising Committee

保良局副主席何猷亨先生  
Mr Arnaldo Y H HO, Vice-Chairman

保良局總理孟章豪先生  
Mr Derek MON, Director

保良局總理梁鈞潯先生  
Mr Winsong K Y LEUNG, Director

保良局總理顧曉楠女士  
Ms Anna Mae KOO, Director

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保良局總理孟章豪先生  
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Mr Simon S W CHAN, Director



Global reach  
Local knowledge



禮品贊助  
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全力支持  
Supported by



保良局董事會成員已贊助活動行政費。善款收益全數撥供  
保良局轄下逾300個服務單位經費。及推動正向精神健康計劃。

The Board of Directors of Po Leung Kuk has sponsored the administrative expenses of the event. Donations raised will support over 300 affiliated service units of Po Leung Kuk, and promote positive mental health programmes.

2277 8237

[prevent@poleungkuk.org.hk](http://prevent@poleungkuk.org.hk)  
籌募部 Fund-raising Department



Po Leung Kuk



# 關於保良局

## ABOUT PO LEUNG KUK

保良局創立於1878年，一直秉承「保赤安良」的宗旨，盡心竭力與時並進，服務香港146年，為市民提供多元化的優質社會服務，涵蓋教育、社會、青少年、康樂、文化及醫療服務，成為全港最具規模的慈善公益機構之一。保良局超過300個屬下單位遍佈全港各區，屬校學生約4萬5千人，社會服務照顧幼兒、兒童、長者及康復人士，青少年事務則提供多元的青年發展及支援服務。保良局於過去3年每年平均服務人次超過180萬。

Founded in 1878, Po Leung Kuk, as one of the largest charity organisations in Hong Kong, has been serving Hong Kong for 146 years with its objective of "Protecting the Young and the Innocent" (保赤安良). Currently, the Kuk has more than 300 units strategically located in Hong Kong and provides services in education, social welfare, youth, recreation, culture and integrated health care. We have about 45,000 students in our schools and attend to more than 1,800,000 visits for services annually in the past 3 years.

了解更多  
MORE INFORMATION



# 立即捐款 DONATE NOW

## 劃線支票 CROSSED CHEQUE

抬頭：「保良局」，背面請註明「慈善步行」，寄交香港銅鑼灣禮頓道66號保良局莊啟程大廈10樓籌募部

Make payable to "Po Leung Kuk" and indicate "Charity Walk" on the back, mail to Fund-raising Department, Po Leung Kuk, 66 Leighton Road, Causeway Bay, Hong Kong

## 銀行轉帳 BANK DEPOSIT

帳戶名稱：保良局

滙豐銀行 HSBC :  
002-239564-006

中國銀行(香港)  
Bank of China (HK) :  
012-875-00206767

### PayMe



### 網上捐款 DONATION PAGE



如需捐款收據，請將付款截圖連同收據抬頭及地址，註明「慈善步行」，  
WhatsApp至6708 2413 (保良局籌募部)

Please send the screen capture via WhatsApp to 6708 2413, and state your attention, mailing address and "Charity Walk" if donation receipt is required.

參加者可繼續於2025年3月21日前邀請善長捐款支持，  
除了有機會贏取各項籌款獎項，凡籌得港幣500元或以上，  
即可獲贈慈善福袋一份。

Participants can continue to raise funds by appealing through the event website  
until 21 March 2025. In addition to winning fundraising awards, those who raise  
\$500 or above will receive a Charity Gift Pack.

### 活動獎項 EVENT AWARDS

