

保良局
PO LEUNG KUK146
週年
ANNIVERSARY

保良局慈善步行

PO LEUNG KUK CHARITY WALK

2025.3.16

起點/起步禮 Starting Point/Kick-off Ceremony

沙田馬場 Sha Tin Racecourse

進場 Admission

表演 Performance

起步禮 Kick-off Ceremony

12:00 NN

12:45 PM

1:30 PM

終點/低碳生活嘉年華 Finish/Low-Carbon Carnival

沙田公園 Sha Tin Park 12NN-7PM

低碳·愛·社區
UNITED IN GREEN
愛心小隊 "Little Po"

參加者獲 Every Walker will get

步行筆記 Walking Notes

電子證書 E-certificate

凡籌款達\$500或以上，參加者可獲贈慈善福袋一份。
Participant who raises \$500 or above will receive a Charity Gift Pack.

2277 8237

frequent@poleungkuk.org.hk
籌募部 Fund-raising Department

保良局董事會已贊助活動行政費，善款收益全數撥供保良局轄下逾300個服務單位經費，當中並將推動正向精神健康計劃。

The Board of Directors of Po Leung Kuk has sponsored the administrative expenses of the event. Donations raised will support over 300 affiliated service units of Po Leung Kuk, and promote positive promoting positive mental health programmes.

參加者贊助表格 Participant Sponsorship Form

參加者姓名(請用正楷) Name of Participant (In Block Letters)
先生/女士/小姐
Mr. / Mrs. / Miss

所屬步行隊伍名稱(如適用) Name of Team (if any)

地址 Address

隊伍聯絡人(如適用) Contact Person (if any)
先生/女士/小姐
Mr. / Mrs. / Miss

電郵 Email

電話 Tel.

電郵 Email

電話 Tel.

本人同意背頁所載保良局慈善步行之條款及細則。

I agree to the terms and conditions of the Po Leung Kuk Charity Walk at the back of this form.

參加者簽署 Participant's Signature

此表格上的個人資料除作上述用途外，保良局將不時透過直接郵遞、電郵、電話、手機短訊、通訊應用程式及傳真等途徑，向閣下提供有關保良局動向、服務推廣及籌募活動等資訊。如不擬收取，請在以下方格內加「□」後寄交香港禮頓道66號保良局，或傳真：2882 9036，又或請電郵至frequent@poleungkuk.org.hk以便跟進。本人不欲透過
 郵遞 電郵 電話 手機短訊 通訊應用程式 傳真 全選 收取任何保良局的宣傳資訊。Your personal data provided in this form will be used for the above purpose. The Kuk may send you the updated information relating to our services, development and the appeal of donation campaigns through various channels such as direct mailing, email, telephone, SMS, messaging applications or facsimile, etc. If you do not wish to receive such materials, please mail to Po Leung Kuk, 66 Leighton Road or fax: 2882 9036, or email frequent@poleungkuk.org.hk. I do not wish to receive any promotion materials from Po Leung Kuk by
 Mail Email Tel SMS Messaging Applications Facsimile All of the above.

請將此表格連同捐款一併交回(捐款方法請參考背頁) Please submit this form together with your donation. (Please find the methods of donation at the back)

如有需要，可自行影印此表格填寫。 Please make photocopy of this form if needed.

| 贊助人姓名(請用正楷) Name of Sponsor (In Block Letters) | 捐款金額# Donation Amount | 捐款方式 Donation Method | | |
|---|-------------------------------|-------------------------|-------------------|---------------------------------------|
| | | 現金 Cash | 支票(張) Cheque (pc) | 網上捐款(參考編號) Online Donation (Ref. No.) |
| 1. | HK\$ <input type="checkbox"/> | HK\$ | HK\$ () | HK\$ () |
| 2. | HK\$ <input type="checkbox"/> | HK\$ | HK\$ () | HK\$ () |
| 3. | HK\$ <input type="checkbox"/> | HK\$ | HK\$ () | HK\$ () |
| 4. | HK\$ <input type="checkbox"/> | HK\$ | HK\$ () | HK\$ () |
| 5. | HK\$ <input type="checkbox"/> | HK\$ | HK\$ () | HK\$ () |
| 6. | HK\$ <input type="checkbox"/> | HK\$ | HK\$ () | HK\$ () |
| 7. | HK\$ <input type="checkbox"/> | HK\$ | HK\$ () | HK\$ () |
| 8. | HK\$ <input type="checkbox"/> | HK\$ | HK\$ () | HK\$ () |
| 9. | HK\$ <input type="checkbox"/> | HK\$ | HK\$ () | HK\$ () |
| 10. | HK\$ <input type="checkbox"/> | HK\$ | HK\$ () | HK\$ () |

如需保良局開列收據(只適用於捐款港幣一百元或以上)，請在空格內加✓號
If you require a receipt (for donation of HK\$100 or above only), please put a ✓ in the box

善款總計 Total Amount HK\$



★ 起點：沙田馬場
Starting Point: Sha Tin Racecourse

★ 終點：沙田公園 · 低碳生活嘉年華
Finishing Point: Sha Tin Park · Low-Carbon Carnival

各服務站 Service Points

- 1 賽馬會沙田賽艇中心 Jockey Club Sha Tin Rowing Centre
2 城門河第一海濱花園 Shing Mun River Promenade Garden No.1
3 香港文化博物館 Hong Kong Heritage Museum

大會有因應情況更改路線，請留意本同網站。
The route may be subject to the change based on circumstances. Please stay updated to the Kuk's website.

Participants' notes and Terms & Conditions

- A. 1. In these Terms & Conditions, "Walk" means the Po Leung Kuk Charity Walk to be held on 16th March, 2025; "Participant(s)" means person(s) participating in the Walk; "Route" means the designated walking route by Po Leung Kuk.
- B. 1. Any Participant under the age of 18 must obtain the prior consent of his parents/guardian to participate in the Walk. The Kuk reserves the right to ask any Participant for evidence of his age and, where appropriate, that such consent has given. It is the Participant's responsibility to take care of any accompanying Participant aged under 12.
2. Kick-off Ceremony will start at 1:30PM. The Participant should arrive at the Sha Tin Racecourse not later than that.
3. If you do not feel well, especially when you have respiratory symptoms such as fever, coughing or sneezing, do not attend the function and consult a doctor promptly. Participants are advised to take heed of government announcements with respect to the risk of the spread of infections and take appropriate precautionary measures. Stop if you are feeling sick during the Walk and contact the duty personnel immediately for assistance.
4. The Participant must not bring or use any roller skates/blade/skateboard/trolley or other large object which may cause obstruction to the smooth flow of the Walk. Participant must not bring any animals or pets.
5. The Participant must obey all lawful instructions given by the Kuk and its authorized personnel including the officers of the Hong Kong Police Force, the Civil Aid Service, the Food and Environmental Hygiene Department and the Leisure and Cultural Services Department.
6. The Walk takes around 1 hours and 30 minutes to complete. Participant must ensure that his health conditions are suitable for the Walk. If in any doubt, participant should consult a medical doctor beforehand. The exact time for the finish of the Walk is decided by the escort team formed by the Organiser and its authorized personnel.
7. If the Walk is cancelled or postponed, all donation collected by the Kuk will not be returned to the Participants.
8. The Participant should grant the Kuk the right to photograph during the event and have their names, voices, likenesses and appearances made into photographs, sound, video or multi-media recordings in relation to the event and to use in perpetuity for promotion. If you do not wish to grant the right to the Kuk, please contact the Kuk's Fund-raising Department at 2277 8237.
9. The Participant should put on suitable clothing and footwear as well as bring sufficient food, drinks, protective head-wear and rain-wear.
10. The Participant should take good care when using any part of the Route. Participant must not lean on, climb over or dislocate any barrier or divider placed along the route to ensure safety.
11. The Kuk and its authorized organizations shall not be liable for any accident or injury to Participant or his property.
12. The Kuk reserves the right to alter these Terms & Conditions and other details of the Walk at any time, and may notify participants of such alteration through press announcements, website and/or any other suitable channels.
13. These Terms & Conditions (including any alteration) shall be binding on the participants who have joined the event.
14. These Terms & Conditions will be governed by and construed in accordance with the laws of the HKSAR.
15. Any Participant who, in the Kuk's view, does not fully observe or comply with these Terms & Conditions may be refused participation in the Walk at any time and the Kuk's decision shall be final and conclusive.
16. If there is any conflict between these Terms & Conditions and other statement issued by the Kuk at any time, the English text of these Terms & Conditions shall prevail.

Methods of Donation

1. Mail the Sponsorship Form together with the crossed cheque to the Kuk.
2. Bank in HSBC account (002-239564-006) and submit the pay-in slip (original copy) together with this Form to the Kuk.
3. Submit the Sponsorship Form together with the donation to the collection counter at the Sha Tin Racecourse.
4. For group participation, please forward the Sponsorship Form (original copy) through your team representative.
5. For Po Leung Kuk affiliated units, the Entry Form and the donation should be submitted through the Head of School or the Officer-in-Charge of the Unit.

Cheques should be crossed and made payable to "Po Leung Kuk". Please mark "Charity Walk" on the back of the cheque.

Mailing Address: Fund-raising Department, Po Leung Kuk, 66 Leighton Road, Hong Kong.

The charity gift packs will be available in April 2025. Gifts available while stocks last.

Donation receipts will be sent to participants/team representative within 2 months for distribution to the sponsors who have donated HK\$100 or above, and have indicated a request of receipt in the Sponsorship Form.

Deadline for Fundraising Results Calculation:

- 21-3-2025 (Corporations, organizations, groups and others)
- 26-3-2025 (Po Leung Kuk affiliated units)

參加者須知及條款細則

- 甲、1. 在下列的條款細則內「步行」乃指2025年3月16日舉行的「保良局慈善步行」；「參加者」為參與是次步行的人士；「路線」是由保良局指定的步行路線。
- 乙、1. 18歲以下的參加者必須獲家長或監護人事先同意方可參加。保良局有權要求參加者出示年齡證明以及(如有需要)該等同意書證明。參加者有責任照顧任何隨行之12歲以下小童。
2. 起步禮於下午1時30分開始，參加者請於此前抵達沙田馬場。
3. 參加者如於活動前感到不適，特別是出現發燒或咳嗽等呼吸道感染病徵時，就不應參加步行，並應盡早找醫生診治。參加者請時刻留意政府就傳染病爆發的公布，並採取相應預防措施。如步行期間感到不適，請立即向工作人員求助。
4. 參加者不可攜帶或使用任何滾軸鞋/滑板/手推車或其他大型物件，亦不可攜同任何動物參與。
5. 參加者必須遵照保良局、授權人員以及其他工作人員包括警察、民眾安全服務隊、食物環境衛生署及康樂及文化事務署的所有合法指示。
6. 步畢全程約需1小時30分鐘，沿途大部份地區並無遮蓋，參加者需確保體力適宜才參與；如有疑問，應先向醫生查詢。如未能步畢全程，可於中途退出。步行實際結束時間以保良局及授權人員所安排的押尾小隊決定為準。
7. 如活動被迫取消或延期，或參加者因任何原因自行退出，所有捐款將不獲退還。
8. 保良局於活動當日所拍攝之相片或影像，將用作宣傳及推廣用途。如參加者不欲保良局使用其肖像，請與保良局籌募部聯絡(電話:2277 8237)。
9. 參加者應穿上合適的衣服及鞋襪，並自備充足飲品、食物、帽及雨具等。
10. 是次步行途經車路，參加者須特別小心。請勿奔跑、爭先恐後、倚靠或攀爬沿途設置的任何圍欄，以確保安全。
11. 參加者須自行承擔一切責任。保良局及授權機構並不會對參加者所發生的任何意外、受傷或其所攜帶之財物承擔任何責任。
12. 保良局保留更改細則、路線等安排的權利。如有變動，保良局將透過網頁、媒體或以其他途徑公佈。
13. 本條款及細則(包括任何更改)對參加者有約束力。
14. 本條款及細則均依據香港特區法例解釋及管限。
15. 保良局若認為參加者沒有完全遵照或違反活動細則，保良局有權取消參加者資格或於活動期間終止參加者繼續步行。保良局的判決為最終及不可推翻的決定。
16. 如上列的條款及細則與保良局在任何時間所發出的任何文件/聲明有出入之處，一切均以本條款及細則之中文本為準。

捐款方法

1. 將支票連同贊助表格交保良局。
2. 將善款逕存保良局在滙豐銀行之指定賬戶002-239564-006，並將銀行入數紙(正本)連同此表格寄/送交保良局。
3. 於活動當日將現金或支票連同贊助表格交回設於沙田馬場的善款收集處。
4. 如屬隊伍組別，請將贊助表格(正本)交隊伍代表轉保良局。
5. 保良局屬下單位之參加表格及善款由各屬校校長或單位負責人集齊交回保良局。

支票抬頭請寫「保良局」，背面請註明「慈善步行」。

郵遞地址：香港禮頓道66號保良局籌募部。

請自行影印贊助表格及銀行入數紙作紀錄。

慈善福袋將由2025年4月起開始派送。數量有限，送完即止。

保良局收到善款後，將於兩個月內將贊助人士捐款收據寄予步行參加者/隊伍/單位負責人代為分發(只適用於捐款一百元以上及於贊助表格內有表示需取回收據者)。

截計籌款成績:

- 21-3-2025 (企業、社團、機構及其他)
- 26-3-2025 (保良局屬下單位)



參加者贊助表格
PARTICIPANT
SPONSORSHIP FORM